

# WHAT IN THE WORD: LESSON FIVE

## Engaging our Hearts and Souls

The point of Bible study is to know and understand what God has communicated to us through His written Word *in order that* we might know and love Him more.

The act of seeking God through His Word is:

- \_\_\_\_\_ – interact with Him on the pages of His Word
- \_\_\_\_\_ – expect God to speak

## Engaging the Heart and Soul

Heart: “the \_\_\_\_\_ of spiritual life”<sup>1</sup>

Soul: “the seat of the \_\_\_\_\_, desires, affections, \_\_\_\_\_ (our heart, soul etc.)”<sup>2</sup>

It is easier not to seek God than to risk \_\_\_\_\_ Him and not \_\_\_\_\_ Him!

If we are to \_\_\_\_\_ the God of the Bible in our actual lives, then we have to take Him at His Word, and His Word tells us that we will find Him when we seek Him! (James 4:8; John 10:3-4 and 29-30; Luke 11:9-13)

Ways to approach the Bible with our hearts and souls engaged:

1. \_\_\_\_\_ First
2. Set a \_\_\_\_\_ for Jesus
3. Pray \_\_\_\_\_ prayers. Ask specific questions.

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<sup>1</sup> \*G2588 - kardia - Strong's Greek Lexicon (nasb95).<sup>\*</sup> Blue Letter Bible. Web. 12 Sep, 2024. <<https://www.blueletterbible.org/lexicon/g2588/nasb95/mgnt/0-1/>>.

<sup>2</sup> \*G5590 - psychē - Strong's Greek Lexicon (nasb95).<sup>\*</sup> Blue Letter Bible. Web. 12 Sep, 2024. <<https://www.blueletterbible.org/lexicon/g5590/nasb95/mgnt/0-1/>>.

## **Practice #1: Journaling through Scripture**

Step 1: Read the passage

Step 2: Rewrite the passage

Step 3: Interact with God in the passage

## **Practice #2: Scripture Meditation or Reflection**

We are inviting the Lord to speak to us \_\_\_\_\_ and  
\_\_\_\_\_ through His living and active Word!

Everything God says will always be \_\_\_\_\_ with what is recorded in the Bible.

# Scripture Meditation

1. Choose a passage of scripture (about 2-3 verses is usually best.) Take some time to carefully consider the words, asking the Holy Spirit to speak to you through this verse. Listen to the verse once or read through it slowly.

SCRIPTURE REFERENCE:

2. As you listen or read through the verse a second time, is there a word or phrase that stands out to you?

WORD OR PHRASE:

3. Ask Him for more amplification and insight. As you pray over this verse and wait on the Lord, does a picture, a memory, a feeling, an emotion, or some other impression come to you? Allow Him to lead this time and trust Him to bring clarity even if at first it doesn't make sense to you.

AMPLIFICATION  
AND INSIGHT:

4. Is there some action the Lord is calling you to take or some situation to which this word applies? Is there something He is asking you to trust or believe? What is He inviting you to do or be in response to what He has shown?

INVITATION: